

Susquehanna County - Food Pantries

Outreach and Assistance Call Ingrid at 570-550-1594



Commission On Economic Opportunity – Nutrition Education

The nutrition education team misses seeing you in person. We now offer our nutrition education lessons online and also share them on our Face Book Group Page @CEO Nutrition Education. On our Face Book Group we share recipes, inspiring tips and motivational messages on eating healthy on a budget.

Please, come join our Face Book Group - @CEO Nutrition Education

We can also offer in-person cooking class. This class would meet once a week for 6-8 weeks. Class would be hands on learning of cooking techniques, nutrition, and meal planning. Call for more information.

Nutrition Ed

Weinberg North East Regional Food Bank Mobile Pantries Program:

A one day food give away sponsored by our Local Partner Organization. Mobile Pantries distributions are held as indicated but at least 1x month. Eligibility – Must be Susquehanna County Resident, please bring ID showing current Susquehanna County Residency. Declaration of need form to be completed at time of registration. Please have an area of the vehicle cleared to receive items (ideally clean trunk). Contact pantry directly for more information.

Where: Weinberg Food Bank - Lenoxville Mobile Pantry Managed by: Lenoxville & Clifford United Methodist Church Distribution from: Lenoxville Community Center, Route 374, Facebook: @ Lenoxville Community Food Share	When: 1st Monday of month 4:00 – 6:00 pm Pre-registration requested, walk ins welcome after 5:30pm Kris: (570) 942-3008
Where: Weinberg Food Bank – Montrose Mobile Pantry Located: South Montrose Community Church parking lot, Rt. 29, South Montrose. << Please call week of for updates >> Email: montrosefoodpantry@gmail.com :: Phone: 570-533-3980 :: Facebook: Montrose Mobile Food Pantry	When: 2nd Friday of the month, Pre-Register By 1st Thurs of month. Distribution 11:30-3pm; Walk-Ins 2:30pm.
Where: Weinberg Food Bank – Ltl. Meadows Mobile Pantry Managed by: Little Meadows United Methodist Church 843 Pennsylvania Ave (Rt 858), Little Meadows PA Contact: Cheryl	When: 3rd Tuesday of the month 12:00-2:00 & 5:00-6:00pm -- Pre-registration is preferred *CSFP Distribution Site* Phone: 607-372-0351
Where: Weinberg Food Bank - Lawton Mobile Pantry Managed by: Lawton & Rush Community Group Located at: Ladies Aux. Fire Hall SR 3022, Lawton Facebook: @LawtonMobileFoodPantry	When: 1 st & 3 rd Thursday of the month, Distribution 1:00-2:45. Households may come to both distributions. Text/Call: 607 – 343 - 1077
Where: Weinberg Food Bank – Thompson Mobile Hosted at the Thompson Fire Hall by Local Volunteers Water Street, Thompson Contact: Kim	When: 4 th Monday of the month, Distribution 4-6pm. Pre-registration requested. Phone: 570-442-1038
Where: Weinberg Food Bank – Great Bend Mobile Pantry Managed by: Great Bend United Methodist Church Held at the Great Bend Fire Hall, Contact:	When: 4th Tuesday of month, 11:00-1:00pm Pre-registration requested, Walk ins welcome after 12:30. Text/Call: 570-317-7346 or Call: 607-768-0164
Where: Weinberg Food Bank - EMHS Mobile Pantry Managed by: Endless Mountains Healthcare System 100 Hospital Drive, Montrose, PA To Pre-Register: email name, zip code and # household members to mrobinson@endlesscare.org or call (570) 278-5529	When: 4th Friday of month, 2:00 – 4:00 pm Pre-registration required, walk ins after 3:30pm
Where: Weinberg Food Bank - Harford Mobile Pantry Managed by: Harford First Congregational Church 5016 Creek Rd., Harford, PA Website: Harford First Congregational Church - UCC Harford, PA (firstchurchharford.com)	When: 4th Friday of month Distribution 4:30 – 5:30 walk ins after 5:00 pm Phone: (570) 396-7081
Where: Trehab Food Bank 81 Industrial Drive, Montrose Location ph:570-278-9218 OR 1226 Main Street, Susquehanna ph: 570-853-4342	When: Open Mon–Thurs: 9am -12pm and 1pm-3:30pm; Fri: 9am-12pm

WEINBERG NE REGIONAL FOOD BANK

MOBILE PANTRIES

TEFAP

Weinberg North East Regional Food Bank Children's Produce Market:

A one day food give away in conjunction with the local school districts. Eligibility: You must have a child that Attends the school district. Home schoolers and alternate school choices are welcome as long as you reside in the school district listed. No income limits, all are welcome. Some programs are year round.

Register by completing the flyer your child brings home monthly or by calling the school office.

Children's Produce Market

Where:

Blue Ridge District - in the elem. cafeteria – school months
 Choconut Valley Elementary - in front lobby – school months only
 Elk Lake Elementary – in the front lobby, year round
 Forest City School District - in Elem. Lobby – school months only
 Lathrop St. Elementary - in Cafeteria – year round
 Mt View School District – in elementary right lobby – year round
 Susquehanna Comm. District – in HS 2nd cafeteria – year round

When:

3rd Tuesday of the month, 3:30-4:30pm
 3rd Tuesday of the month, 3:00-5:00pm
 3rd Thursday of the month, 3:45-5:30pm
 2nd Thursday of the month, 3:45-6:00pm
 3rd Thursday of the month, 3:45-5:30pm
 4th Tuesday of the month, 3:30-6:00pm
 1st Monday of the month, 3:30-5:30 pm

Contact: School Office **OR** Ingrid, Community Outreach @ 570-550-1594 / Mary Ellen, Weinberg NE Food Bank @ 570-826-0510
 See Blue Ridge School District website for **Summer Food Service Program**

Where: Forest City Salvation Army Emergency Pantry

100 Delaware St. (Kartri), Forest City, PA
 For residents of Zip Codes: 18421, 18413, 18430, 18470, 18441, 18820, 18842.

When: 1st Tuesday of Month, (other distributions scheduled also) 12:00 – 2:00 pm; Pre-register preferred, walk in after 1:30pm
Phone: 570 – 785 – HELP (4357)

Facebook: Forest City Salvation Army Service Center

Where: Great Bend Caring Community Pantry

Managed by: Great Bend United Methodist Church
 Route 11 (Main Street), Great Bend PA
 This Food Pantry is for residents of Great Bend and Hallstead.

When: On-site registration. Held 1st and 3rd Fridays, 2:30-5:00pm, welcome to come twice a month.

Contact: Bonnie Y. **Phone:** 570-879-4086

Where: TriBoro One Day Food Pantry

Lanesboro Community Center, Lanesboro, PA
 This Food Pantry is for the residents of Lanesboro, Susquehanna Borough, Oakland Borough and Harmony Townships.
 Proof of residence and ID is requested.

When: 4th Thursday of the month 12:00 pm – 4:00 pm, New members must pre-register by 3rd Wednesday

To Pre-Register: text or leave voice message with name, phone number, zip code and #in household 570-550-1594

Where: Feed My Sheep Pantry and Clothing Pantry

Managed By: New Milford United Methodist Church
 Corner of Church and Pratt Street, New Milford, PA
 This Food Pantry is for residents of New Milford, Jackson, Susquehanna, Oakland, Lenox, Gibson, Harford, Hop Bottom, Brooklyn and Montrose.

When: 4th Saturday of the month, 8:30 - 12:00pm
 Pre-registration required

Contact: Church Office **Phone:** 570-465-3500;

Where: The Food Pantry – Brackney

Laurel Lake Rd, Brackney, PA
 This Food Pantry is for the residents within the Choconut School District.

When: By Appointment

Contact: Rosalynd **Phone:** 570-663-2212

Where: Oakland Borough Emergency Food Pantry

Oakland Borough Building at 380 State St., Susquehanna, PA

When: by appointment or Monday-Friday 8am-4pm, call ahead if possible, walk ins welcome
Call: 570-853-3214

Face Book: @OaklandFoodBank

Where: Hop Bottom Emergency Food Pantry

Hop Bottom UMC, Just off Route 11, Hop Bottom PA
 (this pantry is not affiliated with the Weinberg North East Regional Food Bank)

When: By Appointment. Currently do not have up to date contact info. Will update soon.

Contact: **Phone:**

SNAP or Food Stamps Outreach

570-550-1594 (call/text)

SNAP or Food Stamps, is our first defense against hunger. For eligible households, it provides a cash benefit to be used to purchase food at grocery and other food stores. Eligibility guidelines have changed. You may now be eligible for SNAP. Call for more information or assistance with completing an application.

LOCAL or GEOGRAPHICAL / EMERGENCY FOOD PANTRIES

SNAP